



HEALTHY CITIES - EXPERT PANEL  
ESCUELA ANDALUZA DE SALUD PUBLICA  
APRIL 26TH - GRANADA, SPAIN



# Land use and Transport

## Urban planning and mobility as promoters of healthy cities

GranWHO expert panel on Healthy Cities

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# Health, land use and transport

- Physical activity
- Noise pollution

Health

- Air and noise pollution
- Road traffic injuries
- Physical activity

Land Use

- Journey distance
- Walking and cycling quality distance

Transport



# Walking and cycling?

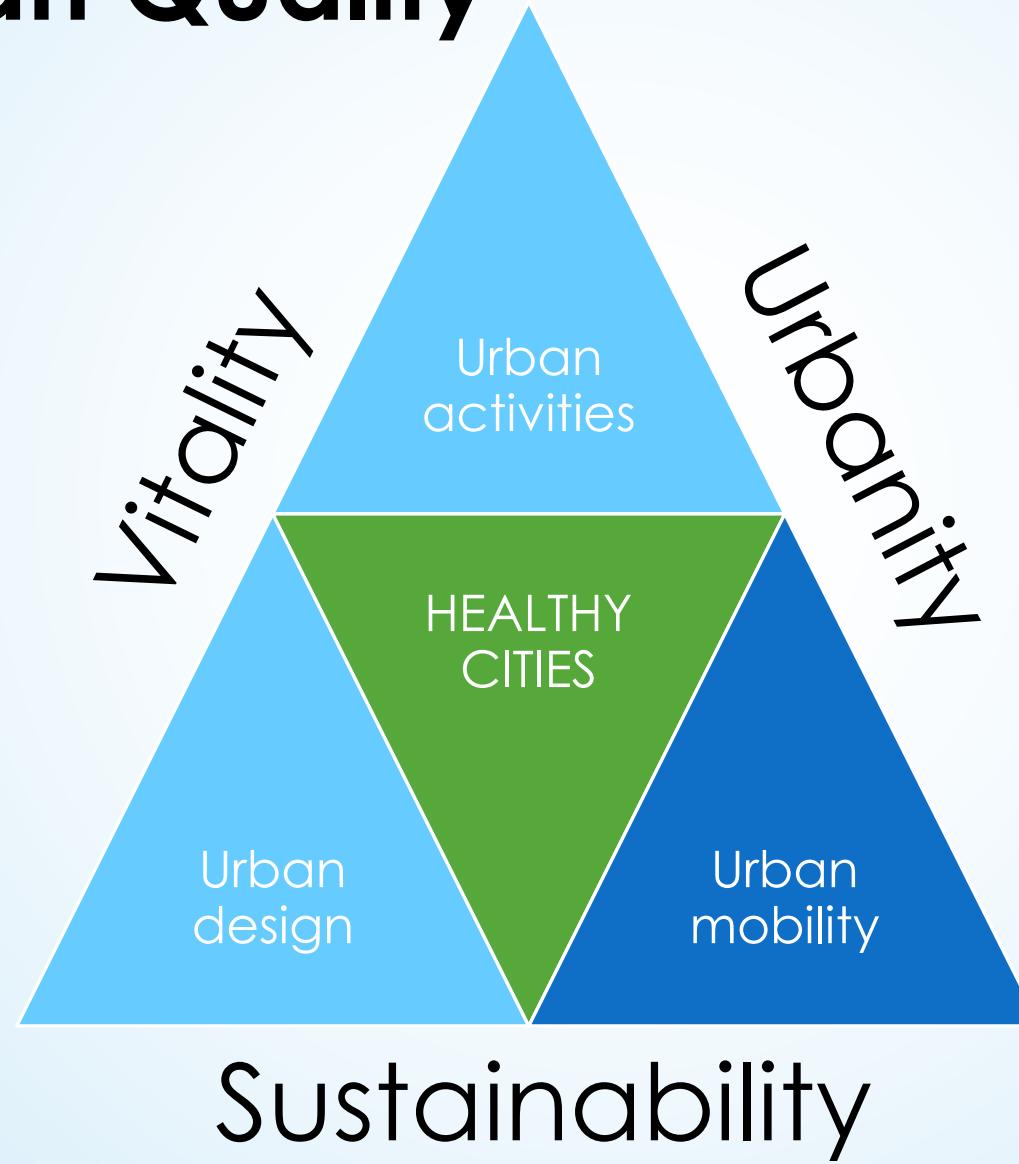
Land Use

Transport



- ▶ Weather (measuring)
  - ▶ Group of age
  - ▶ Microclimate
  - ▶ Cultural behaviour
- ▶ Distance (reducing)
  - ▶ Density
  - ▶ Diversity
  - ▶ Proximity
- ▶ Quality distance (promoting)
  - ▶ Urban topology, sidewalks, green areas, bicycle lanes
  - ▶ Traffic, intersection design, connectivity
  - ▶ Public security

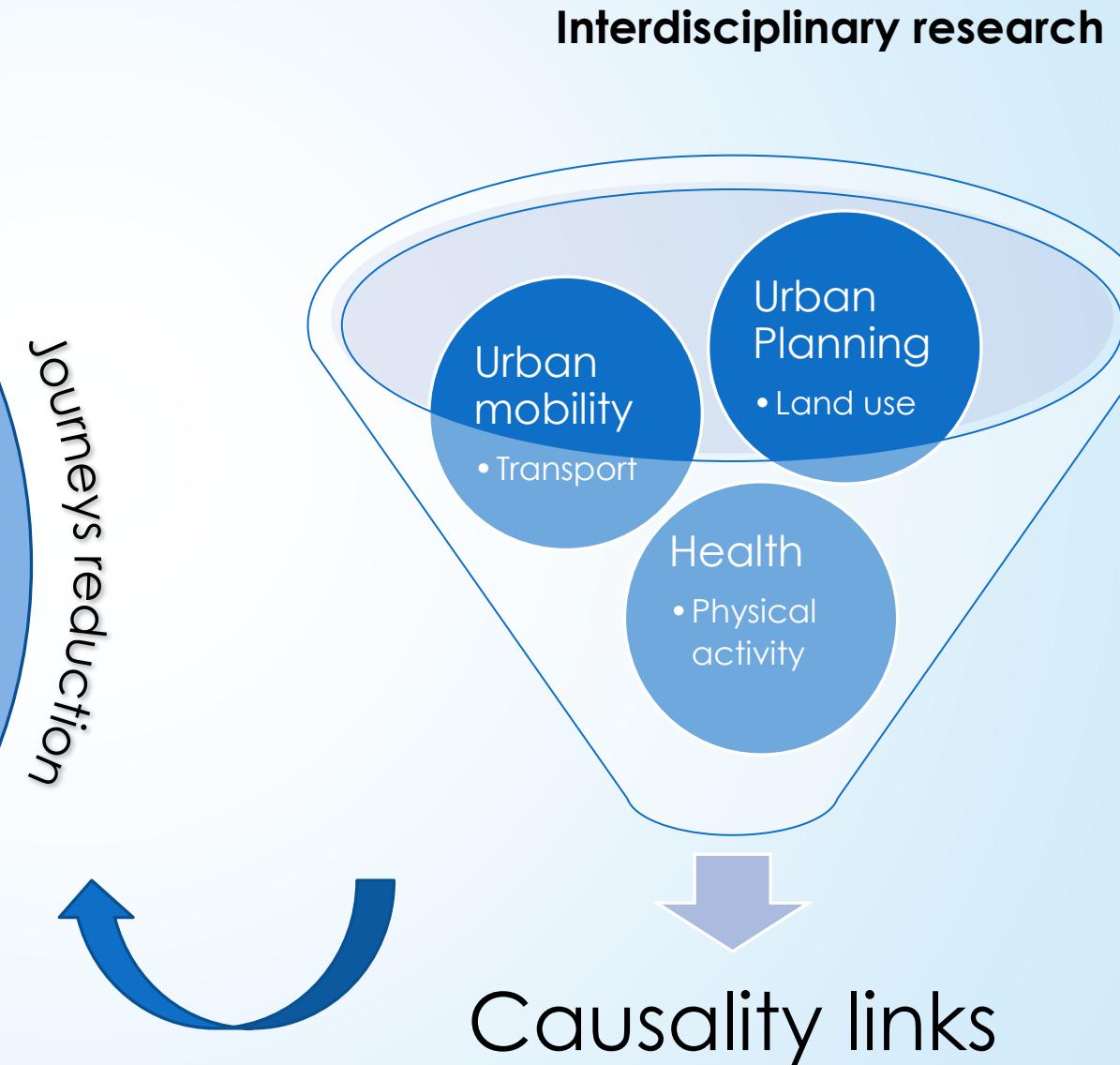
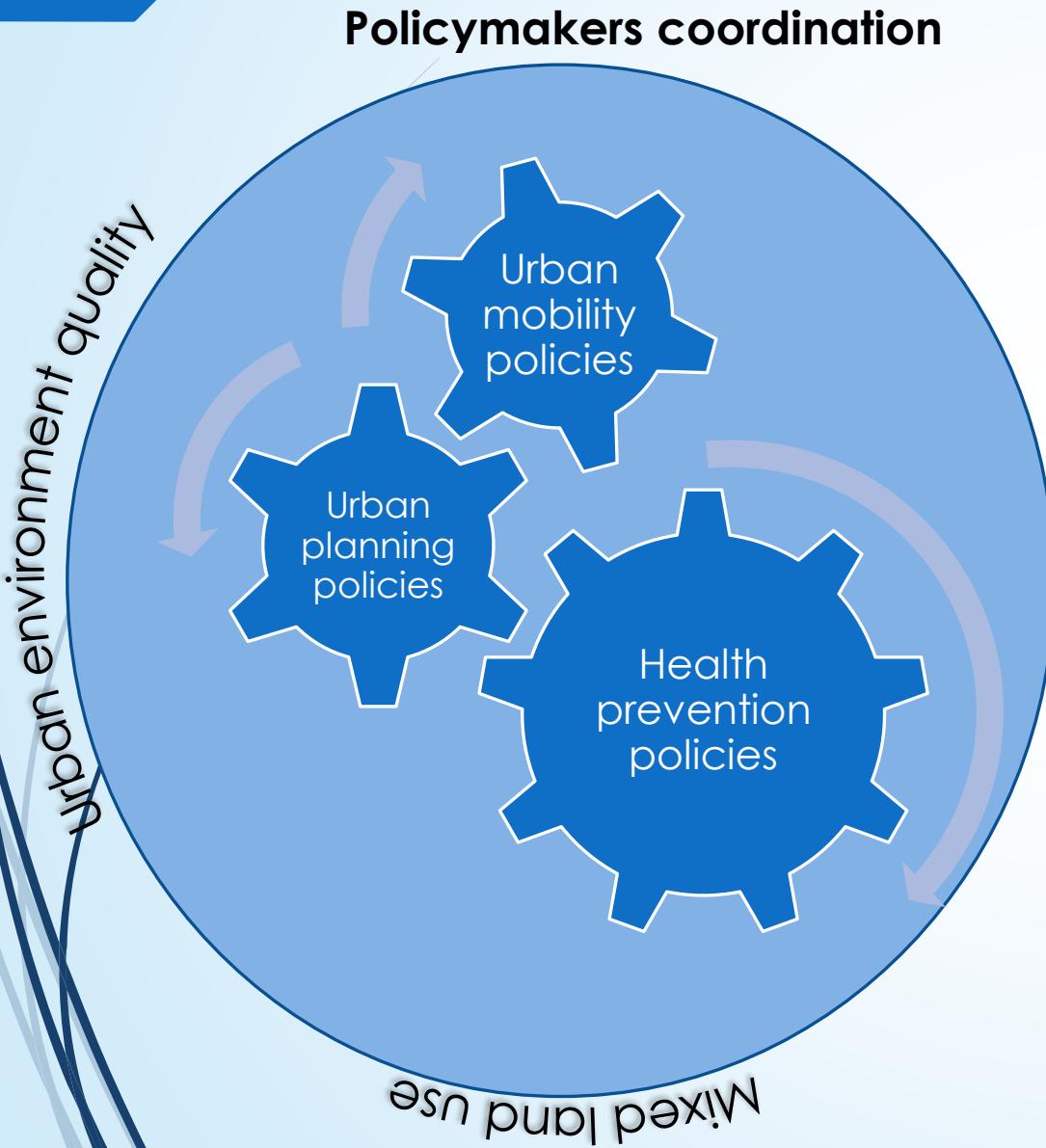
# Urban Quality



Proximity      Density      Diversity

**URBAN QUALITY**

# Conclusion



# Conclusion

“...perhaps the most important advantage of urban proximity is that it enables us to work together in order to make our world better” Edwad Gleeser, Harvard University professor.

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# Thank you for your attention

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